



Hora	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07.00	HYROX	STRENGHT	PERFORMANCE	HYROX	HYROX		
08.00	PERFORMANCE	HYROX	HYROX	STRENGHT	PERFORMANCE		
09.00						HYROX PARIS	
09.30	HYROX	HYROX	STRENGHT	PERFORMANCE	HYROX		
10.15						HYROX PARIS	
10.30	STRENGHT	PERFORMANCE	HYROX	HYROX	STRENGHT		
11.30						HYROX PARIS	
11.30-15.00	OPEN	OPEN	OPEN	OPEN	OPEN		
15.30	HYROX	STRENGHT	HYROX	PERFORMANCE	HYROX		
16.30	STRENGHT	HYROX	HYROX	HYROX	PERFORMANCE		
17.30	HYROX	PERFORMANCE	STRENGHT	HYROX	HYROX		
18.30	HYROX	HYROX	PERFORMANCE	STRENGHT	HYROX		
19.30	PERFORMANCE	HYROX	HYROX	HYROX	STRENGHT		
BAJA INTENSIDAD	MEDIA INTENSIDAD	ALTA INTENSIDAD	PISCINA / SPA	HORARIO 2026 ACTUALIZADO SUJETO A CAMBIOS			